



TRAINING AND DIALOGUE PROGRAMS

GENERAL INFORMATION ON

WORKSHOP ON IMPROVING ADOLESCENT SEXUAL AND REPRODUCTIVE HEALTH(ASRH)

集団研修「思春期保健ワークショップ」

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<Type: Solution Creation / 類型: 課題解決促進型>

NO. J11-00603 / ID. 1180868

Phases in Japan: From May 24, 2011 to June 18, 2011

(Whole Program From April 2011 to December 2011)

This information pertains to one of the Training and Dialogue Programs of the Japan International Cooperation Agency (JICA), which shall be implemented as part of the Official Development Assistance of the Government of Japan based on bilateral agreement between both Governments.

I. Concept :

Background

Since its establishment, the Japan International Cooperation Agency (JICA) has been facilitating development of various capacities in partner countries as one of implementing bodies of the official development assistance program of the Government of Japan.

While JICA organizes a variety of technical cooperation programs, its training programs offer opportunities to those organizations of partner countries, which intend to enhance knowledge and skills of key personnel with strategic assignments, or trainers who would train others. Besides those human capacity developments, the program could meet needs of those organizations, which intend to enhance their own organizational capacities through improvement of rules and regulations as well as social capacities through the reform of policies and institutions under their jurisdiction.

In each program, participants dispatched by their respective organizations would be exposed to practical knowledge and experience of leading organizations and individuals in Japan through a series of lectures, workshops and site visits. They also have a chance to share knowledge and experience with participants from other countries. As a result, each organization is expected to acquire or create knowledge, which would be subsequently put into its own contexts to achieve a specific objective.

This Program (hereafter referred as “the Program”), the “Workshop on Improving Adolescent Sexual and Reproductive Health (ASRH)” is offered to Government and Non-governmental Organizations which intend to strengthen their existing Adolescent Sexual and Reproductive Health (ASRH) programs. Participants shall have opportunities in Japan:

- (1) To acquire effective approaches and skills on the provision of SRH information and knowledge according to young people’s stage of development
- (2) To acquire effective approaches and skills on youth friendly care and services for young people
- (3) To acquire better understanding on the development of ASRH supportive environment (partnership development among related organizations)

Participants are expected to develop an Action Plan (Interim Report) during the final part of the workshop in Japan.

DEFINITION ON “ADOLESCENCE”, “YOUTH” and “YOUNG PEOPLE” (source: UNFPA State of World Population, 2005)

Use and meanings of the terms “young people”, “youth”, and “adolescents” vary in different societies around the world, depending on political, economic, and socio-cultural context. This report uses following United Nations definitions:

Adolescents: 10-19 years old (early adolescence 10-14 and late adolescence 15-19)

Youth: 15-24 years old

Young people: 10-24 years old

For what?

This program aims to strengthen the existing Adolescent Sexual and Reproductive Health (ASRH) programs.

For whom?

This program is offered to Adolescent Sexual and Reproductive Health (ASRH) program administrator or implementer (present position) of GO or NGO.

All applicants will be considered equally through selection procedure based on their qualification, however, two-participant from each country is desirable: one from government (GO) and the other from non-governmental organization (NGO).

How?

1. To identify and analyze “gaps and bottlenecks” existing in the issues related in ASRH programs of the participant’s country (Inception Report).
2. To acquire better understanding on the following three building blocks:
 - a) To acquire effective approaches and skills on the provision of SRH information and knowledge according to young people’s stage of development
 - b) To acquire effective approaches and skills on youth friendly care and services for young people
 - c) To acquire better understanding on the development of ASRH supportive environment (partnership development among related organizations)
3. To formulate an Action Plan (Interim Report) for strengthening existing ASRH programs.

II. Description:

1. **Title (J-No.): Workshop on Improving Adolescent Sexual and Reproductive Health (ASRH) (J11-00603)**
2. **Period of program:**

Duration of whole program:	April 2011 to December 2011
1) Preliminary Phase:	April 2011 to May 2011
(In a participant's home country)	
2) Core Phase in Japan:	May 24, 2011 to June 18, 2011
3) Final Phase:	June 2011 to December 2011
(In a participant's home country)	
3. **Target Regions or Countries:**
Bolivia, Jordan, Kiribati, Nicaragua, Swaziland
4. **Eligible / Target Organization:**
GO and NGO in the field of Sexual and Reproductive Health of Adolescents (ASRH)
5. **Total Number of Participants:**
7 participants
6. **Language to be used in this program:** English
7. **Overall Goal:**
Status of Adolescent Sexual and Reproductive Health (ASRH) will be improved in the area/ region
8. **Program Objective:**
Plan of action on the "strategy to strengthen ASRH programs" is revised and shared within the organization
9. **Expected Module Output and Contents:**
This program consists of the following components. Details on each component are given below:

(1) Preliminary Phase in a participant's home country: April 2011 to May 2011 <i>Participating organization is required to prepare for the Program in the respective country.</i>	
Expected Module Output	Activities
Inception report is formulated	Formulation and submission of <u>Inception Report</u> on the "gaps and bottlenecks" existing in the issues related in ASRH programs of the participant's country. Submission due date: May 10 , (guideline for the Inception report will be sent at the time of notification of acceptance (refer to page 8 – III.4 (3) Notice of Acceptance)

(2) Core Phase in Japan: May 24, 2011 to June 18, 2011

Participants dispatched by the organizations attend the Program implemented in Japan.

Expected Module Output	Subjects/Agendas	Methodology
<p><u>Output module 1</u> To acquire effective approaches and skills on the provision of SRH information and knowledge according to young people's stage of development</p>	<ul style="list-style-type: none">▪ Global issues surrounding ASRH▪ Rights-based approach▪ Advocacy for the promotion of ASRH▪ Peer education approach▪ Behavior change communication skills (Effective use of IEC/BCC tools)▪ Life skills (comprehensive education)	<ul style="list-style-type: none">▪ Lecture▪ Observation▪ Group work
<p><u>Output module 2</u> To acquire effective approaches and skills on youth friendly care and services for young people</p>	<ul style="list-style-type: none">▪ Communication from young people to adult/ adult to young people▪ Youth friendly clinic & services▪ Open room management	<ul style="list-style-type: none">▪ Lecture▪ Observation▪ Group work
<p><u>Output module 3</u> To acquire better understanding on the development of ASRH supportive environment (partnership development among related organizations)</p>	<ul style="list-style-type: none">▪ Cooperation and Networking of key stakeholders and organizations concerned in ASRH▪ Youth initiative in ASRH advocacy▪ Partnership development between youth and adults	<ul style="list-style-type: none">▪ Lecture▪ Observation▪ Group work
<p><u>Output 4</u> Develop Action Plan "Strategy to strengthen ASRH programs"</p>	<ul style="list-style-type: none">▪ JICA-Net (Satellite meeting)▪ Group report: "Necessary components to strengthen ASRH programs"▪ Action plan development▪ Sensitization (presentation skill)	<ul style="list-style-type: none">▪ Discussion Session▪ Presentation

(3) Final Phase in a participant's home country: June 2011 to December 2011
Participating organizations produce final outputs by making use of results brought back by participants.

Expected Module Output	Activities
Plan of action on the "strategy to strengthen ASRH programs" is revised and shared within the organization	Submission of the follow-up report (questionnaire) based on the progress of Action Plan revision and approval within the organization (Questionnaire will be sent to participants in 6 months after the end of Core Phase)

III. Conditions and Procedures for Application:

1. Expectations for the Participating Organizations:

- (1) This program is designed primarily for organizations that intend to address specific issues or problems identified in their operation. Participating organizations are expected to use the program for those specific purposes.
- (2) This program is enriched with contents and facilitation schemes specially developed in collaboration with relevant prominent organizations in Japan. These special features enable the program to meet specific requirements of applying organizations and effectively facilitate them toward solutions for the issues and problems.
- (3) As this program is designed to facilitate organizations to come up with concrete solutions for their issues, participating organizations are expected to make due preparation before dispatching their participants to Japan by carrying out the activities of the Preliminary Phase described in page 4 section II -9 .
- (4) Participating organizations are also expected to make the best use of the results achieved by their participants in Japan when they carry out the activities of the Finalization Phase described in page 6 section II -9.

2. Nominee Qualifications:

Applying countries are ideally expected to select 2 nominees: one participant from government (GO) and another participant from non-governmental organization (NGO) who is working in the field of ASRH.

(1) Essential Qualifications

•Both nominees from GO and NGO are required to fulfill the conditions below:

- 1) Present position: Adolescent Sexual and Reproductive Health (ASRH) program administrator or implementer.
- 2) Occupational Background: should have a minimum of three (3) years of experience in the field of ASRH.
- 3) Language: Be proficient in spoken and written English (Since this Program includes active participation into discussions and development of comprehensive Action Plan, high English competency is required. If applicants have official certification of English language e.g. TOEFL, TOEIC etc, please attach it for selection purpose).
- 4) Health: Be sufficiently in good health both physically and mentally to attend all of the sessions of the Program.
 - ▶Pregnancy: Pregnant participants are strictly requested to complete the required procedures before departure in order to minimize the risk for their health. The procedures include: a) letter of the participant's consent to bear economic and physical risks; b) letter of consent from the participant's

- supervisor; c) letter of consent from your Embassy in Japan; and d) medical certificate. Please ask National Staffs in JICA office for the details.
- 5) Not be serving in the military.

(2) Recommendable Qualifications

- 1) Age: be between the ages of twenty-five (25) and forty (40) years
- 2) Organization: regarding NGO, a member association of International Planned Parenthood Federation (IPPF) is preferable as for participant from NGO (refer to annex: List of IPPF Members URL: www.ippf.org).
- 3) It is also preferable that the two participants, both from GO and NGO, have already been working in partnership in the field of ASRH, if possible, under the same program.

3. Required Documents for Application:

(1)Application Form: The Application Form is available at the JICA office or the Embassy of Japan in respective country.

(2)Nominee's English Score Sheet: to be submitted with the application form. If you have any official documentation of English ability (e.g., TOEFL, TOEIC, IELTS), please attach it (or a copy) to the application form.

4. Procedure for Application and Selection :

(1) Submitting the Application Documents:

Closing date for application to the JICA Center in JAPAN: **March 25, 2011**

Note: Please confirm the closing date set by the JICA office or Embassy of Japan in respective country to meet the final date in Japan.

(2) Selection:

After receiving the document(s) through due administrative procedures in the respective governments, the JICA office (or Japanese Embassy) in respective country shall conduct screenings, and send the documents to the JICA Tokyo, which organizes this Program. Selection shall be made by the JICA Tokyo in consultation with the organizations concerned in Japan based on submitted documents according to qualifications. The organization with intention to utilize the opportunity of this Program will be highly valued in the selection.

(3) Notice of Acceptance :

Notification of acceptance shall be made by the JICA office (or Embassy of Japan) in respective country to the respective Government **by April 15, 2011**

5. Document(s) to be submitted by accepted participants:

Inception Report -- to be submitted **by May 10, 2011**

Before coming to Japan, only accepted participants are required to prepare an Inception Report. Detailed information on the guideline for the "Inception Report" will be provided to the participant upon notification of the acceptance to the workshop.

Conditions for Attendance:

- (1) not to change the subject of the Core Phase in Japan or extend the period of the Core Phase in Japan,
- (2) not to bring with them any members of their family,
- (3) to return to their home countries at the end of the Core Phase in Japan according to the international travel schedule designated by JICA,
- (4) to refrain from engaging in political activities or any form of employment for profit or gain, and,
- (5) to observe the rules and regulations of their place of accommodation and not to change the accommodations designated by JICA. (Participants who have successfully completed the Core Phase will be awarded a certificate by JICA.)

IV. Administrative Arrangements:

1. Organizer:

(1) **Name:** JICA Tokyo, Human Development Division

(2) **Contact:** Ms. Kaoru SAKATA (ticthd@jica.go.jp)

2. Implementing Partner:

(1) **Name:** Japanese Organization for International Cooperation in Family Planning (JOICFP) : JOICFP is a Japanese non-governmental organization (NGO). It conducts international cooperation programs in the fields of population, reproductive health (RH) including family planning (FP) and maternal and child health (MCH). It enjoys consultative status with the UN/ECOSOC. JOICFP has ample of experience in community-level interventions for reproductive health programs, which have been accumulated through lessons learned from the Japanese experience in maternal and child health and family planning. JOICFP received a UN Population Award in 2001.

(2) **Contact:** Ms. Lisa ASAMURA (lasamura@joicfp.or.jp)

(3) **URL:** <http://www.joicfp.or.jp/>

3. Travel to Japan:

(1) **Air Ticket:** The cost of a round-trip ticket between an international airport designated by JICA and Japan will be borne by JICA.

(2) Travel Insurance: From arrival to departure in Japan. The traveling time outside Japan shall not be covered.

4. Accommodations in Japan:

JICA will arrange the following accommodations for the participants in Japan:

JICA Tokyo International Center (JICA Tokyo)

Address: 2-49-5 Nishihara, Shibuya-ku, Tokyo 151-0066, Japan

TEL: 81-3-3485-7051 FAX: 81-3-3485-7904

(where “81” is the country code for Japan, and “3” is the local area code)

If there is no vacancy at JICA Tokyo, JICA will arrange alternative accommodations for the participants. Please refer to facility guide of TIC at its URL,

<http://www.jica.go.jp/english/contact/domestic/pdf/welcome.pdf>

5. Expenses:

The following expenses will be provided for the participants by JICA:

- (1)** Allowances for accommodations, living expenses, outfit, and shipping
- (2)** Expenses for study tours (basically in the form of train tickets).
- (3)** Free medical care for participants who become ill after arriving in Japan (costs related to pre-existing illness, pregnancy, or dental treatment are not included)
- (4)** Expenses for program implementation, including materials
For more details, please see p. 9-16 of the brochure for participants titled “KENSU-IN GUIDE BOOK,” which will be given to the selected participants before (or at the time of) the pre-departure orientation.

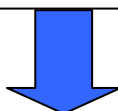
6. Pre-departure Orientation:

A pre-departure orientation will be held at the JICA office (or Japanese Embassy) in respective country, to provide participants with details on travel to Japan, conditions of the workshop, and other matters.

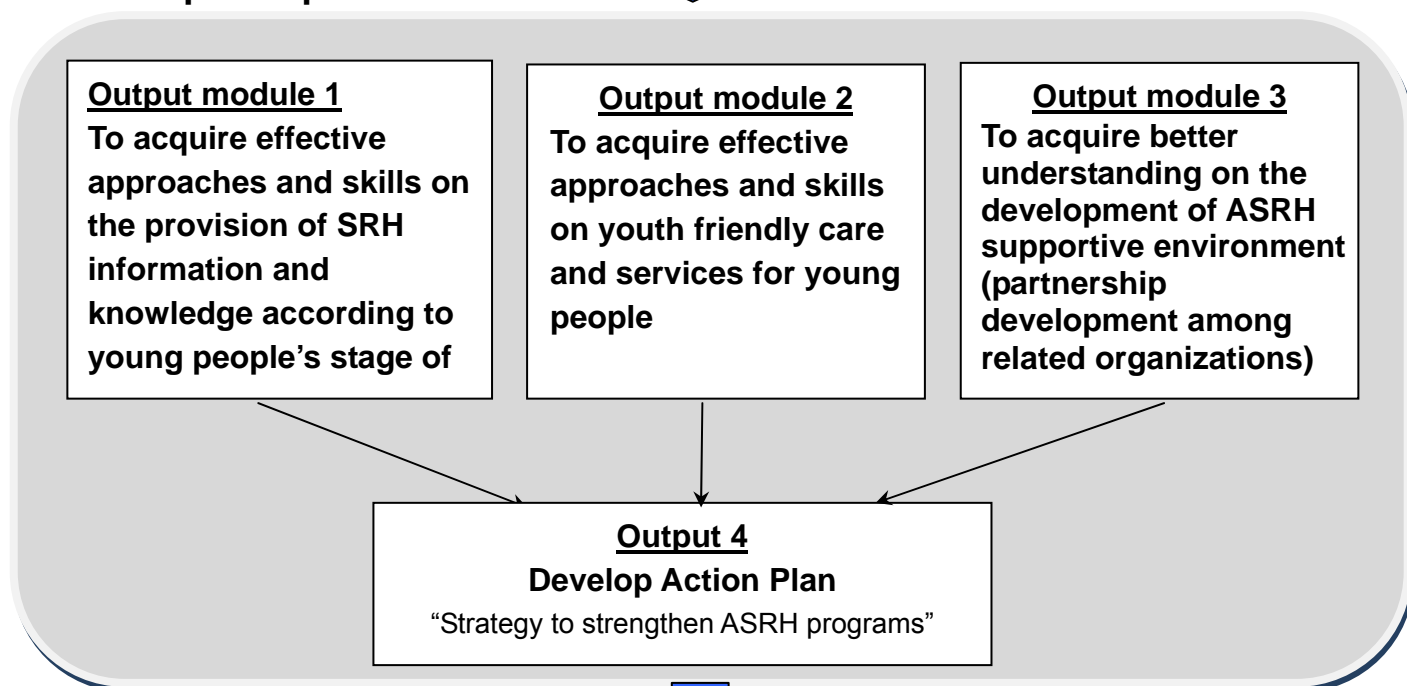
ANNEX I: CONCEPT CHART

【Before the Workshop (before coming to Japan)】

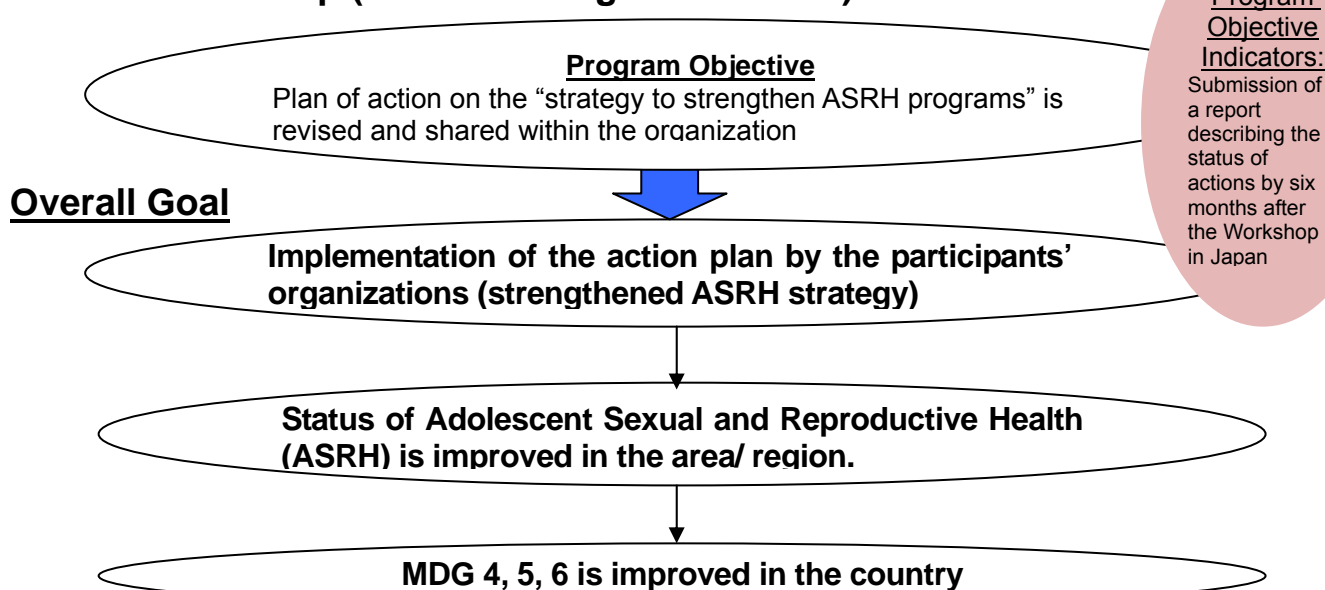
To develop a report (inception report) to identify the “gaps and bottlenecks” existing in the issues related to ASRH of the participant’s country (framework of inception report will be sent to participants upon acceptance notification)



【Workshop in Japan】



【After the Workshop (after returning to countries)】



ANNEX II: MODULE

<Structure of the Program>

1. Preliminary phase (activities in participant's home country):

Preparation of Inception Report: Guideline for the inception report will be sent at the time of notification of acceptance. Submission due date: May 10, 2011.

2. Core Phase (activities in Japan):

Topic outline (subject to minor changes)

1st week: Workshop in Tokyo

- (1) Global issues surrounding ASRH – comprehensive approaches
- (2) Identification of issues related to ASRH
- (3) Inception report from participating countries (on a subject basis)
- (4) Youth friendly services
- (5) Utilization of appropriate IEC/BCC for ASRH
- (6) Advocacy component for ASRH
- (7) Summing-up of 1st week's learning

2nd week: Study trip to observe good practices at the regional level

- (1) Situation of ASRH issues at the community level
- (2) Cooperation and networking of key stakeholders
- (3) Peer education skills and management of Youth Programs
- (4) Summing-up on the lessons learned from the site visits
- (5) Briefing of action plan (interim report) formulation

3rd week: Sharing of experience among participants / development of the Action Plan

- (1) Exchange of information with ex-participants (Satellite meeting)
- (2) Formulation, and presentation of the action plan (interim report)
- (3) General overview of the workshop, evaluation, closing ceremony

3. Final Phase (activities in participant's home country)

Participants are expected to implement the Action Plan (Interim Report) and report on progress within six (6) months after the end of the phases in Japan.

ANNEX III: List of IPPF Members

BOLIVIA:

Centro de Investigación, Educación y Servicios (CIES)

Physical Address: Calle Fernando Guachalla N° 342 Edificio Victor 4to Piso, Zona Sopocachi 9935, Bolivia

Postal Address :La Paz, Bolivia

Telephone (2) 2445351/(2) 2445352

Email: jorosco@cies.org.bo

JORDAN:

Jordan Association for Family Planning and Protection (JAFPP)

Physical Address: King Hussein Sport City Area, Al - Zamakhshary St, Opposite the Al-Raya Garden, Next to The General Supply & Tender Directorate, Jordan

Postal Address: PO Box 8066, Amman, 11121, Jordan

Telephone (6) 516 0999/(6) 516 1032/33/34/35/36/

Email info@jafpp.com

KIRIBATI: None

NICARAGUA:

Asociación Pro-Bienestar de la Familia Nicaragüense (PROFAMILIA)

Physical Address: De La Shell Plaza El Sol Una Cuadra Al Sur, Nicaragua

Postal Address: Apartado Postal No.4220, Managua, Nicaragua

Telephone (2) 701 531/(2) 701 535/(2) 701 536

Email: cardenasf@profamilia.org.ni

SWAZILAND:

Family Life Association of Swaziland (FLAS)

Physical Address 1228 Mbhabha (Next to Milling) Street M200

Swaziland Postal Address PO Box 1051, Manzini, M200

Swaziland Telephone +268 505 3586/+268 505 2082/+268 505 3088/+268 505 5852 Email

flas@africaonline.co.sz

For Your Reference

JICA and Capacity Development

The key concept underpinning JICA operations since its establishment in 1974 has been the conviction that “capacity development” is central to the socioeconomic development of any country, regardless of the specific operational scheme one may be undertaking, i.e. expert assignments, development projects, development study projects, training programs, JOCV programs, etc.

Within this wide range of programs, Training Programs have long occupied an important place in JICA operations. Conducted in Japan, they provide partner countries with opportunities to acquire practical knowledge accumulated in Japanese society. Participants dispatched by partner countries might find useful knowledge and re-create their own knowledge for enhancement of their own capacity or that of the organization and society to which they belong.

About 460 pre-organized programs cover a wide range of professional fields, ranging from education, health, infrastructure, energy, trade and finance, to agriculture, rural development, gender mainstreaming, and environmental protection. A variety of programs are being customized to address the specific needs of different target organizations, such as policy-making organizations, service provision organizations, as well as research and academic institutions. Some programs are organized to target a certain group of countries with similar developmental challenges.

Japanese Development Experience

Japan was the first non-Western country to successfully modernize its society and industrialize its economy. At the core of this process, which started more than 140 years ago, was the “*adopt and adapt*” concept by which a wide range of appropriate skills and knowledge have been imported from developed countries; these skills and knowledge have been adapted and/or improved using local skills, knowledge and initiatives. They finally became internalized in Japanese society to suit its local needs and conditions.

From engineering technology to production management methods, most of the know-how that has enabled Japan to become what it is today has emanated from this “*adoption and adaptation*” process, which, of course, has been accompanied by countless failures and errors behind the success stories. We presume that such experience, both successful and unsuccessful, will be useful to our partners who are trying to address the challenges currently faced by developing countries.

However, it is rather challenging to share with our partners this whole body of Japan’s developmental experience. This difficulty has to do, in part, with the challenge of explaining a body of “tacit knowledge,” a type of knowledge that cannot fully be expressed in words or numbers. Adding to this difficulty are the social and cultural systems of Japan that vastly differ from those of other Western industrialized countries, and hence still remain unfamiliar to many partner countries. Simply stated, coming to Japan might be one way of overcoming such a cultural gap.

JICA, therefore, would like to invite as many leaders of partner countries as possible to come and visit us, to mingle with the Japanese people, and witness the advantages as well as the disadvantages of Japanese systems, so that integration of their findings might help them reach their developmental objectives.



CORRESPONDENCE

For enquiries and further information, please contact the JICA office or the Embassy of Japan. Further, address correspondence to:

JICA Tokyo International Center (JICA Tokyo)
Address: 2-49-5 Nishihara, Shibuya-ku, Tokyo 151-0066, Japan
TEL: +81-3-3485-7051 FAX: +81-3-3485-7904